



Swim Academy - Timetable - September 2021

Learning to be swimmers and preparation for entering swimming squads



Squad / Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Sessions	Swimming time
Swim Academy 1 - Stage 5 of the Swim England National Teaching Plan.			6.30 to 7.00pm St Mary Redcliffe	5.15 to 5.45pm or 5.50 to 6.20pm Badminton		12 to 12.30pm Badminton		1	30m
Swim Academy 2 - Stage 6 of the Swim England National Teaching Plan.			6.30 to 7.00pm St Mary Redcliffe	5.15 to 5.45pm or 5.50 to 6.20pm Badminton		12 to 12.30pm Badminton		1	30m
Swim Academy 3 - Stage 7 of the Swim England National Teaching Plan.	5.00 to 5.30pm Henbury or 7.00 to 7.30pm Badminton		5.15 to 5.45pm Badminton or 7.05pm to 7.35pm St. Mary Redcliffe	6.30 to 7pm Badminton	5.15 to 5.45pm Badminton	11.20 to 11.50am Badminton	6.00 to 6.30pm Easton	1 or 2	30m or 1hr
Swim Academy 4 - Stage 8 of the Swim England National Teaching Plan.	5.00 to 5.30pm Henbury or 7.35 to 8.05pm Badminton		5.15 to 5.45pm Badminton or 7.05pm to 7.35pm St. Mary Redcliffe	6.30 to 7pm Badminton	5.15 to 5.45pm Badminton	11.20 to 11.50am Badminton	6.30 to 7pm Easton	1 or 2	30m or 1hr