



Club Pathway - Timetable - September 2021

Skills and training for club level swimmers



Squad / Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Sessions	Swimming time
Junior Club. Ages 10 to 12. Once a week option less competitive option Stage 8+. Some twice a week options.	7.00 to 8.00pm Badminton		7.50 to 8.45pm St Mary Redcliffe or 7.05 to 8.00pm Badminton			10.25 to 11.15am Badminton	5.15 to 6.05pm Clifton College	1 or 2	50m or 1hr 40m
Age Group Club. Ages 11 to 13. Training and skills for swimming up to county level.	7.00 to 8.00pm Badminton		5.50 to 7.00pm Badminton	7.05 to 7.55pm Badminton	6.15 to 7.15pm Henbury	9.25 to 10.20am Badminton	2.45 to 3.45pm Henbury or 7.05 to 8.00pm Clifton College	1 or 2	50m or 1hr 50m
Youth Club. Ages 13+. Training and skills for swimmers up to county level.		8.00 to 9.00pm Henbury		8.00 to 9.00pm Easton	7.15pm to 8.15pm Henbury		2.45 to 3.45pm Henbury or 7.05 to 8.00pm Clifton College	1, 2 or 3	1hr to 3 hrs
Youth Club +. Ages 13+. Training and skills for county level swimmers.		8.00 to 9.00pm Henbury		8.00 to 9.00pm Easton	7.15 to 8.15pm Henbury	9.25 to 10.20am Badminton		4	3hrs 55m