



Masters - Timetable - September 2021

Skills and training for club level adult swimmers



Squad / Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Sessions	Swimming time
Masters Competitive A. Ages 18+. Training and skills for club level adult swimmers.	8.20 to 9.30pm Hengrove			9.00 to 10.00pm Badminton			7.30 to 9.00pm Easton	3	4hrs
Masters Competitive B. Ages 18+. Training and skills for club level adult swimmers.		6.10 to 7.00am Easton		6.10 to 7.00am Easton			7.30 to 9.00pm Easton	3	3.5hrs
Masters. Ages 18+. Training and skills for adult swimmers.	8.20 to 9.30pm Hengrove	6.10 to 7.00am Easton		6.10 to 7am Easton or 9.00 to 10.00pm Badminton	8.10 to 9pm Easton		8.00 to 9.00pm Easton	1, 2 or 3	1 to 3hrs