



## Bristol Penguin Junior Gala

Saturday 2<sup>nd</sup> February 2019

Easton Leisure Centre

6.10 pm warm up. 6.40 pm start of gala

Gala Entry - £4.50. Raffle – 50p per strip.

Age on day of gala. Ages 8,9,10 and 11/12.

Age 8 – no butterfly. Extra freestyle race added.

No diving at the shallow end.

Very important – **silence at the start of every race** - our swimmers need to be able to focus on their races. Make as much noise as you like during the races!

	Penguin Junior Gala	Lane	1	2	3	4	5	6
	Event / Stroke	Dist (m)						
1.	8/U Mixed Medley Relay*	4x25						
2.	9/U Mixed Medley Relay	4x25						
3.	10/U Mixed Medley Relay	4x25						
4.	11-12/U Mixed Medley Relay	4x25						
5.	8/U Girls' Backstroke	25						
6.	8/U Boys' Backstroke	25						
7.	9/U Girls' Backstroke	25						
8.	9/U Boys' Backstroke	25						
9.	10/U Girls' Backstroke	50						
10.	10/U Boys' Backstroke	50						
11.	11-12/U Girls' Backstroke	50						
12.	11-12/U Boys' Backstroke	50						
13.	8/U Girls' Breaststroke	25						
14.	8/U Boys' Breaststroke	25						
15.	9/U Girls' Breaststroke	25						
16.	9/U Boys' Breaststroke	25						
17.	10/U Girls' Breaststroke	50						
18.	10/U Boys' Breaststroke	50						
19.	11-12/U Girls' Breaststroke	50						
20.	11-12/U Boys' Breaststroke	50						
	POINTS TOTAL							

Penguin Junior Gala		Lane	1	2	3	4	5	6
	Event / Stroke	Dist (m)						
21.	8-9/U Mixed T-shirt relay	4x25						
22.	10-12/U Mixed T-shirt Relay	4x25						
23.	8/U Girls' Freestyle	25						
24.	8/U Boys' Freestyle	25						
25.	9/U Girls' Butterfly	25						
26.	9/U Boys' Butterfly	25						
27.	10/U Girls' Butterfly	25						
28.	10/U Boys' Butterfly	25						
29.	11-12/U Girls' Butterfly	50						
30.	11-12/U Boys' Butterfly	50						
31.	8/U Mixed Freestyle Relay	4x25						
32.	9/U Mixed Freestyle Relay	4x25						
33.	10/U Mixed Freestyle Relay	4x25						
34.	11-12/U Mixed Freestyle Relay	4x25						
	POINTS TOTAL							
35.	8/U Girls' Freestyle	25						
36.	8/U Boys' Freestyle	25						
37.	9/U Girls' Freestyle	25						
38.	9/U Boys' Freestyle	25						
39.	10/U Girls' Freestyle	50						
40.	10/U Boys' Freestyle	50						
41.	11-12/U Girls' Freestyle	50						
42.	11-12/U Boys' Freestyle	50						
43.	8-9/U Mixed Woggle Kick Relay	2x25						
44.	10-12/U Mixed Woggle Kick Relay	2x25						
45.	Cannon 8x1 8, 9, 10, 11/12 Freestyle G/B Relay Any order – swim as you like!	G x4	8	9	10	11/12		
		B x4	8	9	10	11/12		
	POINTS TOTAL							

\*8 year olds 'mixed stroke relay' defined as backstroke, breaststroke, breaststroke or butterfly and freestyle.

'Mixed gender' relays – any combination of boys and girls allowed.

Thanks for coming. Hope everyone enjoyed the gala. Have a safe journey home.