



SWIM ENGLAND South West Region Summer Championships Plymouth 2018

Under ASA Laws & Technical Regulations

President: PAUL ROBBINS

Weekend timetable

Saturday 5 May

8.45 – 9.20 Boys Warm up
9.20 – 9.55 Girls Warm up
10.00 – 12.45 Heats 1 – 8
1.10 – 2.00 Finals 15, 16, 17over
2.00 – 3.15 swim down/warm up

3.15 – 5.30 Heats 25 – 30
6.00 – 6.40 Finals 15, 16, 17over

Sunday 6 May

8.45 – 9.20 Girls Warm up
9.20 – 9.55 Boys Warm up
10.00 – 12.15 Heats 46 – 51
12.45 – 1.30 Finals 15, 16, 17over
1.30 – 3.00 swim down/warm up

3.00 – 5.45 Heats 67 – 74
6.15 – 6.55 Finals 15, 16, 17over

Monday 7 May

8.45 – 9.20 Boys Warm up
9.20 – 9.55 Girls Warm up
10.00 – 12.45 Heats 93 - 100
1.15 – 2.00 Finals 15, 16, 17over
2.00 Sign in for 800m closes
2.00 – 2.45 Mixed Warm up
2.45 – 5.00 Mixed 800m HDW

RELAYS

Names to be handed in by 6.00pm on the previous evening before the event and changes to be handed in before the warm up in which the heats are swam.

WITHDRAWALS: FINALS

By the 10 finalists and the two reserves on the form provided at the pool to the recorders within 10 minutes after the finalists have been announced for the last event for that sex which has a final.
Failure to notify withdrawal from finals is £25.00 fine per event.

MEDALS

These will not be presented by must be collected within 10 minutes of the finals finishing. Medals from the heats for Para events and HDW events will be announced.

SWIM DOWN

The main pool will be available at the end of each session for swim down; in addition 3 lanes of the diving pool will be available at all times. The other 3 lanes are to be used by members of the Life Centre.

CHANGING

Swimmers must not change on the balcony, poolside or spectators toilets. They MUST use the changing areas.

WINNERS VOUCHERS FROM THE SWIM SHOP

A £20 SRS voucher will be presented to the top FINA points winner in 15yrs, 16yrs, 17/over yrs. and Para.
We thank SRS for their Sponsorship of the team from Swim England South West visiting Sophia, Bulgaria at the end of next month. SWR sport wear may be order on line from:

An advertisement for SRS Leisure, featuring the company logo and contact information. The background is light blue with water bubbles. The logo consists of the letters "SRS" in a stylized font with a red and blue gradient, and the word "LEISURE" in a smaller, blue font below it. To the right of the logo is the tagline "Your Complete Retail Solution". Below the logo is the text "Sales • Reliability • Service". On the right side, there is a dark blue circular area containing the address: "15 Chancel Way, Halesowen Industrial Park, Halesowen, West Midlands, B62 8SE". Below the address are the phone numbers "T: 0121 550 2700" and "F: 0121 550 2070", and the website "W: www.srsleisure.com".

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